

Introducing the Managing RAP Study to patients

- Children's Hospital (Seattle) and the University of Washington are looking for volunteers to take part in a research study that looks at ways to help kids who have stomachaches with no known physical cause (Recurrent Abdominal Pain).
- If your child or teen age 8 to 16 years has stomach pain that interferes with daily activities, they want you to participate!
- No medicines will be used in the study.
- Both you and your child must take part by 1) attending three, hour-long sessions at Children's Hospital and 2) completing five surveys during the year.
- The sessions will cover new ways of dealing with symptoms, will be educational and practical, and may include: coping skills, relaxation, nutrition, parenting techniques, self-observation, and elements of digestion.
- You will receive \$150 total for completing the questionnaires at home and returning them in the envelope provided.
- If you are interested, you can sign two forms ([Medical Release & HIPPA](#)) today. These will allow study staff to contact you to tell you more – you are not signing up today. Or you may leave today with the forms and a [Study Patient Introduction Flyer](#) and contact the study later if you choose.

More information, all forms, and contact information are available at: www.rapstudy.org or by calling (206) 616-2358.

Physicians, for more information and directions about sending referrals to the study or the Children's Hospital Abdominal Pain Clinic, [click here](#).